

Prayer #20 - Padre Pio Prayer Anthology

Our first parish prayer anthology will include many types of prayers. We will begin our collection with prayers that you can use to develop a relationship with God that is more personal and intimate.

Prayer #20

Focus idea: If you watch the morning news, chances are that you will be made aware of what event we are “recognizing” each day, each week and each month. Everyone is aware that February 14th is Valentine’s Day, but did you know that on February 13th we should be celebrating Galentine’s Day? 2/6 is “pay a compliment” day, 2/11 is “make a friend” day. The third week is dedicated to “random acts of kindness”. All nice ideas for sharing love, support, and appreciation for loved ones. The Church has declared February as the “month of the Holy Family”, to help restore the true spirit of family life for all types of families. The Holy Family acts as a model for the dedication, love and sacrifice that we should strive for in our own family relationships. In Fr Joe’s words, “a family provides a place where we know that we belong. It gives us the knowledge that we are not alone, and a feeling that we are safe. It gives us a home for our heart.” Let us ask God for His help in making the role of our own families and our parish family more prominent and appreciated in our lives.

Prayer for Supportive and Loving Families:

Dear God, help me to love my family unconditionally, showing them guidance, tenderness, forgiveness and understanding. Help me to always show compassionate insight and good judgement, so that my love for them will be felt deeply in their hearts. Help me to be a spiritual role model, and exhibit enthusiastically, the power of prayer. May my family learn how to connect with You, and develop a close and personal relationship with You, one that will last a lifetime! Help me to consider ***all*** those that I care about as members of my “family”, so that I can bring them a true peace, one that comes only from the love and understanding that flows directly from Your

most Sacred Heart. Help us ***all*** to love, trust and depend on You through one another. Amen.

Closing thoughts: Tell Jesus what is in your heart. Thank Him for your gifts and most of all, thank Him for loving you with His most sacred heart!