

Padre Pio Prayer Anthology

Our first parish prayer anthology will include many types of prayers. We will begin our collection with prayers that you can use to develop a relationship with God that is more personal and intimate.

Prayer #33:

Focus Point: So far 2022 has bombarded us with complex crises all over the world. As we add our own personal problems into the mix, how can we even begin to process it all? Many respond with feelings of depression and despair. Others try to place their hearts in isolation. Feelings of abandonment, loneliness and helplessness can creep in. Is there light amid this darkness? During this season of Lent, **break out** of your lethargic sadness! Embrace the light of Jesus in your life! Jesus walks beside us **every day** to help us pick up the pieces of our world! Jesus suffered and died so that our sins would be forgiven and that we could have eternal life with Him in heaven. We need to **act** with a positive enthusiasm to make ourselves **worthy** of His precious gift! As Fr Joy explains, “when we recognize the presence of God and acknowledge our sinful ways, **God removes our weaknesses!** He makes us worthy instruments for bringing His message of love into the world!”

Prayer for Worthiness of God’s Gift:

Dear Jesus, Help me to accept responsibility for my life and for my sins. Help me to acknowledge my weaknesses and faults. Inspire me to formulate a plan to **take action** to overcome my imperfections, avoid sin and purify my soul! Bless me with the courage and true desire to resist temptation. Help me to find ways to make self sacrifices for the benefit of those less fortunate. Make forefront in my mind the virtues of simplicity, empathy, thoughtfulness, and forgiveness. Assist me in my sincere desire to improve myself and to make myself worthy to receive the sacrifice You have made for my salvation. Help me, especially in this penitential season of Lent, to be successful in my heartfelt attempts to improve my thoughts and the manner in which I live my life. And most importantly, help me to **truly enjoy** the warmth and comfort of Your magnificent love every day of my life. Amen

Closing thoughts: Tell Jesus what is in your heart. Thank Him for your gifts and most of all, thank Him for loving you with His most sacred heart!