

## ***Padre Pio Prayer Anthology***

### **Prayer #55**

Focus Point: January is a reality check month. The excitement of the holiday season has ended, and the days are quiet. How do we occupy our time? Hobbies, reading, things that are fun? Do we let the winter doldrums get the best of us? Finding time for extra prayer can be rewarding and energizing! Perhaps we can dedicate the month to praying for humanity and addressing the needs of others! Pray for women considering abortion. Pray for peace in the world so that innocent lives may be spared from the atrocities of war. Pray that our family and friends who have fallen away from the church will be enlightened and seek an intimate relationship with God. Consider becoming active in charitable works through our parish or through the community. It might help work off all those extra pounds that we put on over the holidays! Financial contributions in this economy are always greatly appreciated as well! There is always some way for each one of us to make a positive difference! As Fr. Joe has said, “Sacrificial living and sacrificial giving will bring us the reward of eternal life!”

**Prayer for Dedication to Self-Sacrifice:** Dear Lord, help me to be thankful for my many gifts, and help me to use those gifts to benefit others. Help me to be a good person. Help me to know Your will and do Your will. Help me to know You better through prayer, and to offer prayers for others. May my love for You blossom into a highly active prayer life, and a commitment to serve You through good works. Bless me with the strength, energy and enthusiasm to achieve an outstanding level of sacrificial living and sacrificial giving. Reward me with the satisfaction of knowing that You are pleased with my choices, and most especially help me to feel Your love and support for my sincere efforts not just during the days of January, but during all the days of my life. Amen