## **Prayer Anthology #60**

## **Focus Point:**

Throughout our Mass we hear the word "Peace" numerous times. We offer each other a sign of Peace. But, where do we find Peace? Peace in our Heart, Peace in our Home and even Peace in our struggles. One way is through Prayer. And in this month of devotion to the Sacred Heart of Jesus, we are reminded that His Sacred Heart insures His love for us and that we can turn to Jesus for guidance. We can Pray to His Sacred Heart, giving to Him our worries and finding love and forgiveness....and Peace.

## **Prayer for Personal Peace:**

Dear Lord, I pray to Your Sacred Heart that You grant me love, forgiveness and peace in my heart and help me to unite my heart to Yours. May Your peace help me to find joy and hope, even in life's struggles. Let Your Sacred Heart guide me to receive You and Your love through the Gift of reconciliation and the Holy Eucharist. I offer You my humble heart and ask You to guide my heart and the hearts of those I love and to keep us close to You.

"May our hearts beat in unison."