

Prayer Anthology #63

Focus Point:

Much of the "theme" during Ordinary Time is the Eucharist. As we reflect we are reminded that we are called to be One in Christ through the Sacrament of Communion. The Lord asks us to do unto others as He would do. Father Joy tells us that God asks us to love every person as God loves them. In these times of unrest, we need to gain that ability to love each time we receive the Eucharist by receiving God's grace and mercy. So, as Jesus suffered on the Cross for us, are we making it important to remain in grace and receive the body, blood, soul and divinity of the Eucharist as often as possible? Padre Pio tells us to ask the Lord to stay with us after Communion and remember that He is our only light and salvation.

Prayer after Communion:

Dear Lord, I give You thanks for the gift of of the Sacrament of the Eucharist. And through my confession to You, I am strengthened in my desire to reject sin and obtain Your gift of obedience. Please let the Holy Spirit stay with me and remind me that You suffered on the Cross in order to nourish us with Your Body and Blood. Let me remember that I hope to receive eternal life and Your grace through communion. I need this to keep Your love, peace and true joy in my heart. I thank You for letting me grow in Your love through this blessed sacrament, so I can show that love to others. May Your body and blood continue to renew me, in God's name I pray. Amen