

## Prayer Anthology #64

At some point, many of us experience difficult times and may even become despondent. We struggle to figure it out and "fix it" ourselves. At that point, are we letting our Faith in God be shaken? We can lose ourselves in our despondency, and sadness can lead us away from our Faith. In difficult times, we must remember that God loves us always and so much so that He gives us this exact moment to remind us that He does not want us to turn inward to ourselves, rather look to lean on Him. In difficult times, He wants us to draw closer to Him, to share our sorrows with Him and He will renew our Faith and Trust in Him. We need only to ask. Prayers work!

Father Joy recently reminded us that when we feel lost and see only "one set of footprints in the sand", that is when Jesus carries us.

### ***Prayer for continued Faith in difficult times:***

*Dear Lord. During this difficult time help me to draw closer to You and rest my burdens at Your feet. I know that it's now that You want me to rely on You. Help me to remember that I should not let my worries take my mind off of Your constant presence. Grace me with Your strength and provide me with unending trust in Your constant mercy and compassion. Walk with me now, carry me when I need to be carried and never let me forget that You have promised to watch over me always. "Jesus, I trust in You." Amen*