

Prayer Anthology #70

Focus Point: As we approach Easter, we reflect on Christ's Passion and the hope that His resurrection brings. Jesus died for our sins, to cleanse us of our sins and give us the gift of grace and mercy through the Sacrament of Reconciliation. Do we find ourselves delaying attending confession or only attending because its "expected" of us? Perhaps we can approach Confession also as a way to show our thankfulness to God for the sacrifice of His Son. Confession is not just an "obligation" - it is also a wonderful gift - a gift that forgives us of our sin, reconciles us with God and gives us hope for eternal life. So, lets give thanks for this beautiful Sacrament and this Lenten season ask the Lord to help us make a well thought out examination of conscience so that we may make a point of attending confession and showing our thankfulness for God's gifts.

Father Joy says "Embrace the spirit of love, forgiveness, repentance & reconciliation."

Prayer for Guidance for Confession

Dear Lord, I am so thankful to You for the gift of forgiveness, mercy and the hope for eternal life through the Sacrament of Reconciliation. I pray for Your help as I spend time reflecting on my sins in order that I may make a clear and thorough examination of conscience. I ask You for a contrite heart to hold me deeply sorry for my sins as I repent with true remorse. Let me hear Your voice guiding me each day as I strive to continue to avoid sin in my life. I need reconciliation Lord, so I may receive Your healing and forgiveness which serves to strengthen my relationship with You forever. Amen

"Forgive us our trespasses as we forgive those who trespass against us"