

# Padre Pio Prayer Anthology

*Our first parish prayer anthology will include many types of prayers. We will begin our collection with prayers that you can use to develop a relationship with God that is more personal and intimate.*

## **Prayer #1**

Focus idea:

Begin by thinking of God in the person of Jesus, a human being with feelings, and a heart filled with love for each of us. You want to let Jesus get to know you better, so get ready to tell Him your worries and concerns. (Haha - He already knows them, but don't pass up the chance for the emotional intimacy that you will experience!) Enjoy your heart to heart conversation, knowing that Jesus will understand your human anxieties. He will respond by sending you His love, peace, comfort and strength.

## **Prayer to Jesus:**

**My Jesus, my Light, my Love, my Strength, be with me now and always, in all my doubts, anxieties and trials.**

**Come Jesus, in hours of loneliness, weariness and grief.**

**Come Jesus, in failure, in loss and in disappointment.**

**Come Jesus, when others fail me, and when I fail myself.**

**Come Jesus, when I am ill, unable to work, or am depressed.**

**Come Jesus, in my moments of joy and exhilaration, that I may share my joys and triumphs with You, and give You thanks.**

**Come Jesus, now and forever, and in all things. Amen.**

Closing thoughts: Tell Jesus what is in your heart. Thank Him for your gifts and most of all, thank Him for loving you with His most sacred heart!

*Peace Through Prayer Program, presented by the parishes of Sacred Heart and St Pio*

